

# Surgery Newsletter

## August 2024

### Practice Training Dates 2024

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 1.00pm –5.00pm.

**5th September 2024**



Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

### In the month of June we:

- **Answered 5, 135 phone calls.**
- **Issued 21,228 items via prescription**
- **3,089 patients had an appointment of which 2,828 were seen face to face**
- **Made 1,347 referrals for further care**
- **Issued 218 fit notes**
- **Received 6,341 digital requests**
- **139 patients did not attend**

**appointments**



**Cases of whooping cough are continuing to rise.** If you are pregnant, it's important to get the whooping cough vaccine to protect your newborn baby, as they are at greatest risk. Find out more. <https://www.nhs.uk/conditions/whooping-cough/>



**Please do not complete a Klinik form for Alyn Family Doctors if you are away from the local area. Please complete the form upon your return home if you still require medical assistance.**

If you are away on holiday or visiting family this summer and are in need of medical help ·

- In a medical emergency contact the emergency services (this may be a different number if you are overseas)
- Visit a local pharmacy
- Attend a minor injuries unit or A&E department
- Contact 111 (If you are in the UK)
- Temporarily register with a GP practice local to the area you are visiting

**If you are eligible for both 'flu and Covid 19 vaccines, we will be in touch when your vaccines are due; you do not routinely need to contact the surgery for either vaccination appointment. Your appointment for your Covid vaccination will also include your 'flu vaccination.**

**Seasonal influenza (flu) is an unpredictable but recurring pressure that the NHS faces every winter. For most healthy people, flu is an unpleasant but usually self-limiting disease with recovery generally within a week. However, there is a risk of severe illness from catching flu for some people and vaccination offers the best protection.**

Covid-19 and new variants are also in our community. Covid still causes hospitalisation and severe illness in vulnerable people and it's imperative you take up the offer of a vaccination.

Alyn Family Doctors plans to offer eligible patients a joint appointment for both your 'flu and Covid vaccinations. This is safe and minimises the infection risk of attending for multiple appointments.

The 2024 flu vaccine programme will begin on 30<sup>th</sup> September. This is later than usual, but based on the evidence that flu vaccines' effectiveness can wane over time in adults, the JCVI (Joint Committee on Vaccination and Immunisation) has advised vaccinating adults from 30<sup>th</sup> September. It is preferable to vaccinate individuals closer to the time when the flu virus is likely to circulate (which typically peaks in December or January), this will provide optimal protection during the highest risk period. Children and pregnant women will be offered vaccinations from earlier in September.

**The vaccines are given free on the NHS to adults who:**

- are 65 and over.
- are pregnant.
- are in long-stay residential care.
- receive a carer's allowance or are the main carer for an older or disabled person who may be at risk if you get sick.
- live with someone who is more likely to get a severe infection due to a weakened immune system.
- have respiratory conditions, such as asthma, COPD, including emphysema and bronchitis
- have diabetes
- heart conditions, such as coronary heart disease or heart failure
- have a body mass index (BMI) of 40 or above.
- chronic kidney disease
- liver disease
- some neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis, or cerebral palsy
- a learning disability
- problems with your spleen, or had your spleen removed.
- a weakened immune system as a result of conditions such as HIV and AIDS, or taking medicines such as steroid tablets or chemotherapy

Don't need it?

Cancel it!

In July a total of

166

Appointments were missed

If you miss an  
appointment, this  
stops someone else  
from getting  
treatment sooner



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Family Doctors

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<https://www.facebook.com/alynfamilydoctors>



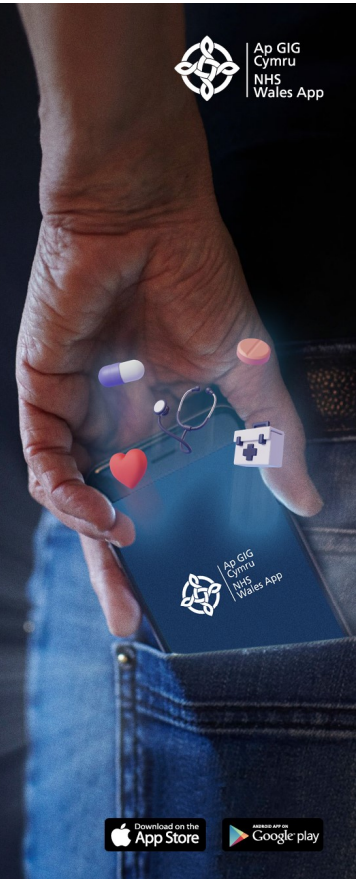
Thank you for taking the time to read our  
monthly Newsletter. We hope you have found the  
information relevant and useful to you. If you  
have any feedback, please feel free to email our  
team at:

[Generalenquiries@alynfamilydoctors.co.uk](mailto:Generalenquiries@alynfamilydoctors.co.uk)

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### Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 570310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003