

# Surgery Newsletter

## September 2024

### Practice Training Dates 2024

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following date from 1.00pm . Llay surgery will reopen at 5.00pm.

**7th of November 2024**



Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

### In the month of July we:

- **Answered 5,427 phone calls**
- **Issued 22,398 items via prescription**
- **3,152 patients had an appointment of which 2,989 were seen face to face**
- **1,517 referrals for further care**
- **Issued 268 fit notes**
- **Received 6,852 digital requests**
- **163 patients did not attend**

**appointments**



If you are eligible for both 'flu and Covid 19 vaccines, you should be receiving a letter for your joint Covid-19 and flu vaccination appointment by mid-October.

Get in touch with the surgery if you haven't received a letter by the 16<sup>th</sup> October.



**In late October 2024 we will be launching a new service to our patients.**

### The Electronic Prescribing Service (EPS)

means that your prescriptions will no longer need to be printed, signed and collected from the surgery. It will be sent electronically.

The new service is safe and secure, your prescription can not be lost and can be tracked on our system. Electronic prescriptions can be used by most patients and you do not need a smart phone or computer.

If you would like to use EPS please speak with your local pharmacy to notify them you would like to use this service when it launches.

Further information will be issued in the October Newsletter, on social media and our Essentials magazine article, prior to launch.



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Digital Medicines

IGDC • DHCW

## September is Sepsis Awareness Month.

Sepsis is a life threatening reaction to an infection. It happens when the immune system overreacts to an infection and starts to damage the body's own tissues and organs. It can be hard to spot the signs of sepsis. There are a lot of possible symptoms.

They can present like symptoms of other conditions, including flu or a chest infection.

# WHAT ARE THE SYMPTOMS?

## SYMPTOMS IN CHILDREN

A child may have sepsis if he or she:

- Is breathing very fast
- Has a 'fit' or convulsion
- Looks mottled, bluish, or pale
- Has a rash that does not fade when you press it
- Is very lethargic or difficult to wake
- Feels abnormally cold to touch

## SYMPTOMS IN ADULTS

An adult may have sepsis if they show any of these signs:

- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing no urine (in a day)
- Severe breathlessness
- It feels like you're going to die
- Skin mottled or discoloured

Call 111 or contact your GP if you're worried about an infection.  
Call 999 or visit A&E if someone has one of the sepsis symptoms.

# JUST ASK "COULD IT BE SEPSIS?"

The UK Sepsis Trust's Sepsis Savvy campaign aims to equip you with the knowledge you need to seek urgent treatment if you suspect you or a loved one has sepsis.

Why you should get Sepsis Savvy

- Sepsis can affect anyone. It doesn't discriminate by age or gender, and while certain people are more at risk, it can affect people who are generally healthy
- Early detection is key: Quick treatment can save lives
- Its easy to learn: In just 5 minutes , you can arm yourself with life saving knowledge.

For further information head to <https://sepsistrust.org/support-us/campaigns/sepsis-savvy/>

Meet Mandy Woodfine-Jones, the new community agent for over 50's living in Gresford, Marford and Hoseley.

Her role is to support people by signposting them to relevant services, offering support and assistance to vulnerable older people in the village by helping to relieve social isolation.

To contact Mandy email- gresfordcommunityagent@avow.org or you can make contact via Gresford community council. A contact number will follow asap.



There is currently a national shortage of certain travel vaccines. Please note that at present we may need to redirect you to a Travel clinic to obtain treatment.



For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>



In August a Total of

**148**

**Appointments were missed!**  
**If you do not need your appointment please cancel it!**

If You miss an appointment, this stops someone else from receiving treatment sooner.



### Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 570310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003